



30th Annual Bath Parks & Recreation

Heritage Days Road Race



SATURDAY, 4th of JULY, 2009

Pre-Registration:

By mail or come to our office,
Bath Recreation Department
4 Sheridan Road, Bath, ME 04530

Phone #: (207)443-8360

Entry Fee:

1 Mile \$7.00/ 5 Mile \$12.00

Race Day (July 4, 2009)

Registration:

At Bath City Hall 55 Front Street
6:30 a.m.-7:30 a.m. in the auditorium.

Entry Fee:

1 Mile \$10.00/ 5 Mile \$15.00

1 MILE FUN RUN: Start Time 7:45a.m.

All participants will receive a Heritage Days Road Race pin. *This is a non-competitive road race. Each participant's time will be catalogued & results will be posted, however individual awards will not be given out.*

5 MILE ROAD RACE: Start Time 8:30 a.m.

All participants will receive a Heritage Days Road Race pin. 1st and 2nd Place Trophies will be given in the men's and women's age group. The first 50 to pre-register will receive a Road Race t-shirt. Shirts will be sold on race day for \$10.00.

1st & 2nd Place Trophies will be Awarded to the Top Male /Female Finishers for each age group:

14 & Under 15-19 20-29 30-39 40-49 50-59 60-69 70 & Up

Official Registration Form

Please Print

PLEASE CHECK: _____ 1 MILE FUN RUN _____ 5 M ROAD RACE

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____

Street, City, State, Zip Code

PHONE #: _____

SHIRT SIZE: _____



In consideration of this entry being accepted I, for myself, my heirs, executors, and administrators waive and release any and all claims for personal damage I may have against officials and sponsors. I attest and verify that I have full knowledge of the risks in this event and I am physically fit to participate in the event.

Signature (Parents signature if under 18 years-old)

Please return with fee to the Bath Parks & Rec Dept: 4 Sheridan Road, Bath, ME 04530